



Health Equity and Community Development Group Training Session

August 12th, 2016 – 9:30 am-12:00 pm

Resources

POST-EVENT COLLABORATION

- *Opportunities for board membership among CDCs and health organizations?*
- *Communities of Practice*
 - “Communities of practice are groups of people who share a concern or a passion for something they do and learn how to do it better as they interact regularly” (Wenger-Trayner, 2015, 1).
 - Defined by three core elements:
 - **A shared domain of interest** (e.g., community health) defines the group’s identity.
 - **Members of the group form a community.** As community members, they share activities, conversation, and information; they help each other and build relationships.
 - **Members are practitioners** that develop a toolbox of shared resources. In other words, they’re not just linked by a common interest, but a **common practice**.
 - See link for more information:
 - Wenger-Trayner, Etienne and Beverly. 2015. “Communities of Practice: A Brief Introduction.” April. <http://wenger-trayner.com/introduction-to-communities-of-practice/> (August 4, 2016).

GRANT OPPORTUNITIES

- *Missouri Foundation for Health*
 - **Community Convening Grants:** due 9/12/16
 - Two-year competitive planning grants for organizations working to help communities to identify and address health issues in their areas.
 - Does not include St. Louis City and St. Louis County.
 - <https://mffh.org/news/opportunities/community-convening-grants/>
- *Missouri Foundation for Health and Incarnate Word Foundation*
 - **Innovative Solutions to Food Insecurity:** due 9/16/16
 - These grants aim to fund creative community solutions to food insecurity in the St. Louis region.
 - Does not apply to community gardens, traditional farmers’ markets, or existing programs.
 - <https://mffh.org/news/opportunities/innovative-solutions-to-food-insecurity/>

LIFE EXPECTANCY MAPS

- The Robert Wood Johnson Foundation and Virginia Commonwealth University's Center on Society and Health have created a series of life expectancy maps to illustrate the impact of health disparities across neighborhoods. Their map of St. Louis was released earlier this month. It shows that:
 - Average life expectancy southeast of Ferguson in **census tract 2121.01** is just **69 years**.
 - Eleven miles away in **census tract 2109.27**, west of Old Jamestown, life expectancy is **12 years higher (81 years)**.
- The authors explain that many factors influence neighborhood-level health, including **education and income, quality of housing available, opportunities to exercise, access to medical care, and residential segregation**.
- St. Louis map: <http://www.societyhealth.vcu.edu/work/the-projects/mapsstlouis.html>
- Maps of other cities: <http://www.societyhealth.vcu.edu/work/the-projects/mapping-life-expectancy.html>



PUBLIC POLICY AND HEALTH

- The City of St. Louis' Sustainability Plan*
 - <https://www.stlouis-mo.gov/government/departments/planning/documents/city-of-st-louis-sustainability-plan.cfm>
- The City of St. Louis' Obesity Plan*
 - https://www.stlouis-mo.gov/government/departments/health/documents/upload/Obesity_Plan_FINAL-1.pdf
- City of St. Louis Department of Health Community Health Improvement Plan, 2014-2017*
 - <https://www.stlouis-mo.gov/government/departments/health/documents/upload/CHIP-2015.pdf>
- St. Louis County Community Health Improvement Plan*
 - <http://www.stlouisco.com/Portals/8/docs/Health/CHA/2014%20St.%20Louis%20County%20Community%20Health%20Improvement%20Plan.pdf>
- St. Clair County Community Health Plan*
 - <http://www.health.co.st-clair.il.us/about/Documents/SCCHD2011IPLAN.pdf>
- Madison County Health Needs Assessment and Community Health Plan, 2011-2016*
 - http://www.co.madison.il.us/document_center/Health/2011_2016_Madison_County_Health_Needs_Assessment_and_Community_Health_Plan.pdf